



पुर्णिमा International School

Shree Swaminarayan Gurukul, Zundal

NAME _____

DATE _____

GRADE – Jr. KG

WORKSHEET - EVS

KEEPING CLEAN

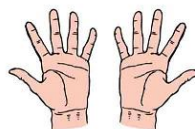


1. Brush your teeth twice a day.
2. Take a bath daily.
3. Wash your hands before and after every meal.
4. Rinse your mouth clean after eating to protect your teeth from germs.
5. Never read book in low light.
6. Always wash your eyes clean if anything gets into them.
7. Always wears neat and clean clothes.
8. Trim your nails weekly.



Keeping Clean

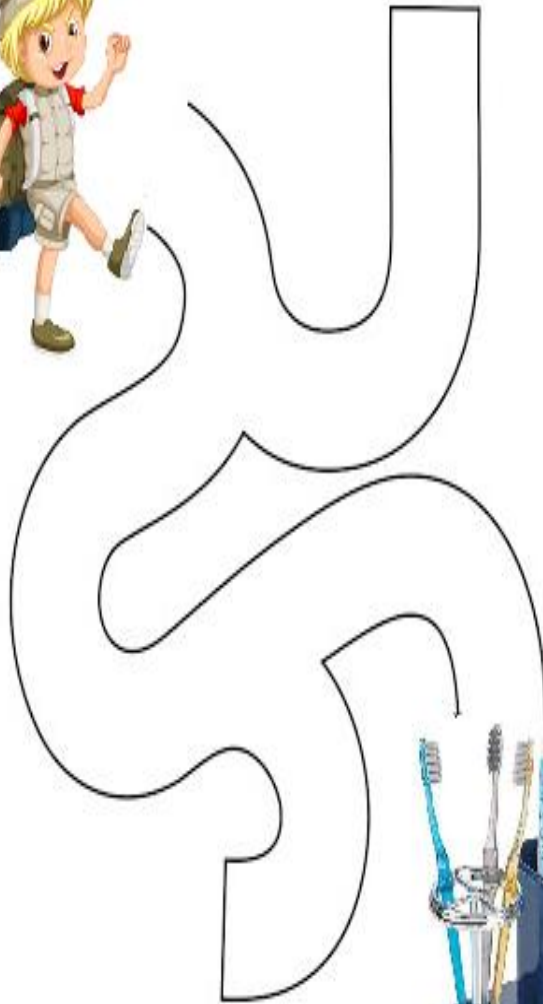
Match the objects you use to keep yourself clean.



Circle the things that you use to keep your self clean



Help Vansh Find his dental tools



4

Sequence the pictures in order of 1 to 4.



5

Let's learn about the Importance of Keeping Our Body Clean on Video

<https://www.youtube.com/watch?v=xcYs6ubgrug>